



NADINE MCCARTHY

BE THE BEST YOU CAN BE



Welcome

Weaving the Thread of Community

*From I to We (... whilst still including
me)*

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www.bethebestyoucanbe.ie

There is a thread ...



Overview

- Share my 6 year Learning Journey
- Weave insights, challenges & learnings
- Through the lens of 3 ancient Celtic capacities
 - *Aisling* – crystalising the *dream*
 - *Neart* – *strength* to sustain the journey
 - *Tuatha* – building community or *Tribe*

The Field of the Future



Presence the Future: the blending of *presence* and *sensing* – to connect with the source of our highest future possibility – individually, teams, organizations and larger social systems

Mise Eire...



Mise Eire: The Aisling

To develop national leadership capacity,
building a community of leaders who can
create profound personal, organisational
and societal change



Neart – 2 paths to sustain the journey



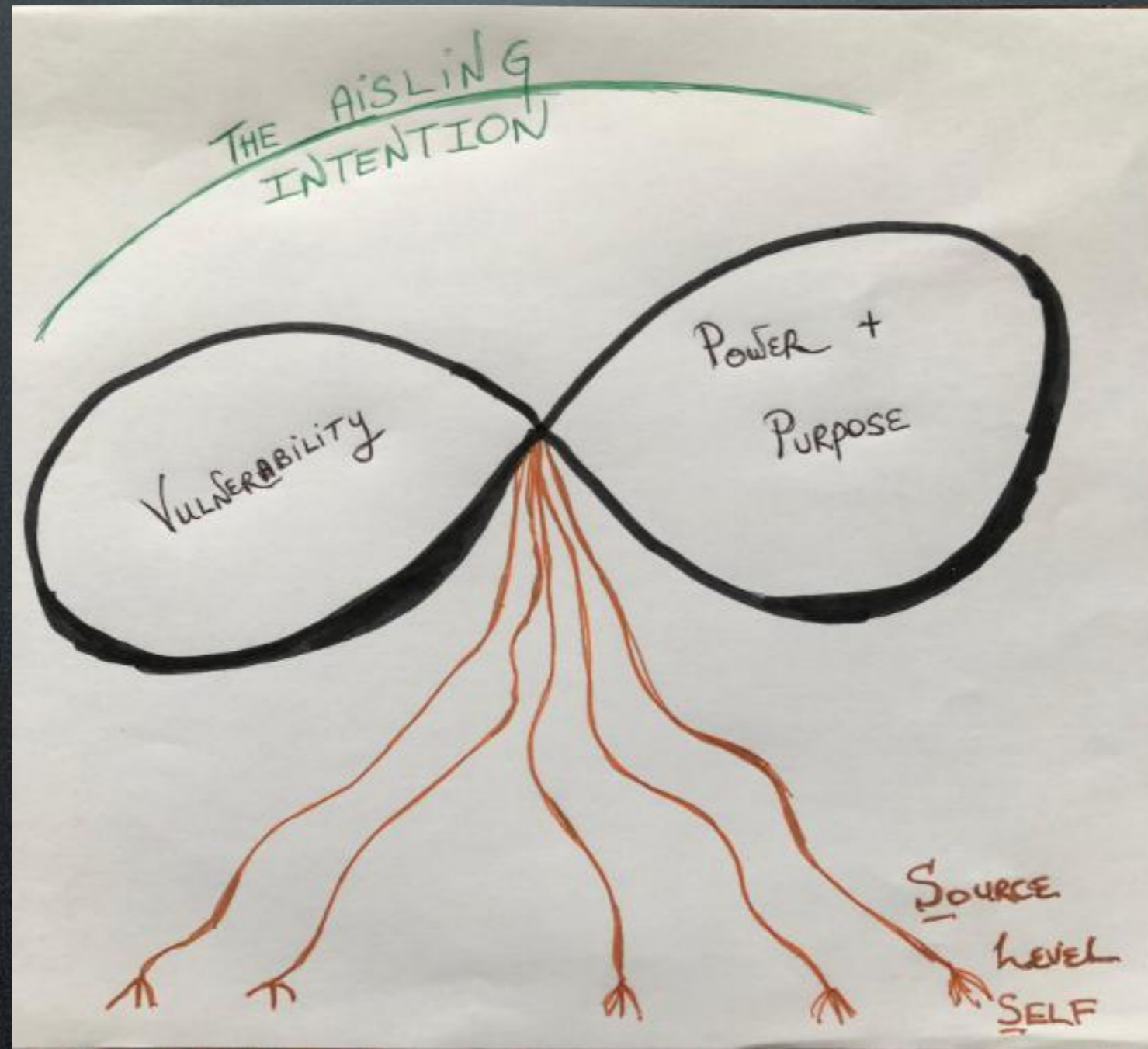
1. The Inner Path: The Source level of Leadership
2. The Outer Path: Create the Future by Doing

TRAVEL BOTH

Tread softly for you tread on my dreams – W.B. Yeats

2. The Inner Path

The Infinity Loop of Vulnerability and Power



“Move at the speed of trust”. Adrienne Maree Brown

2. The Outer Path

Create the Future by Doing

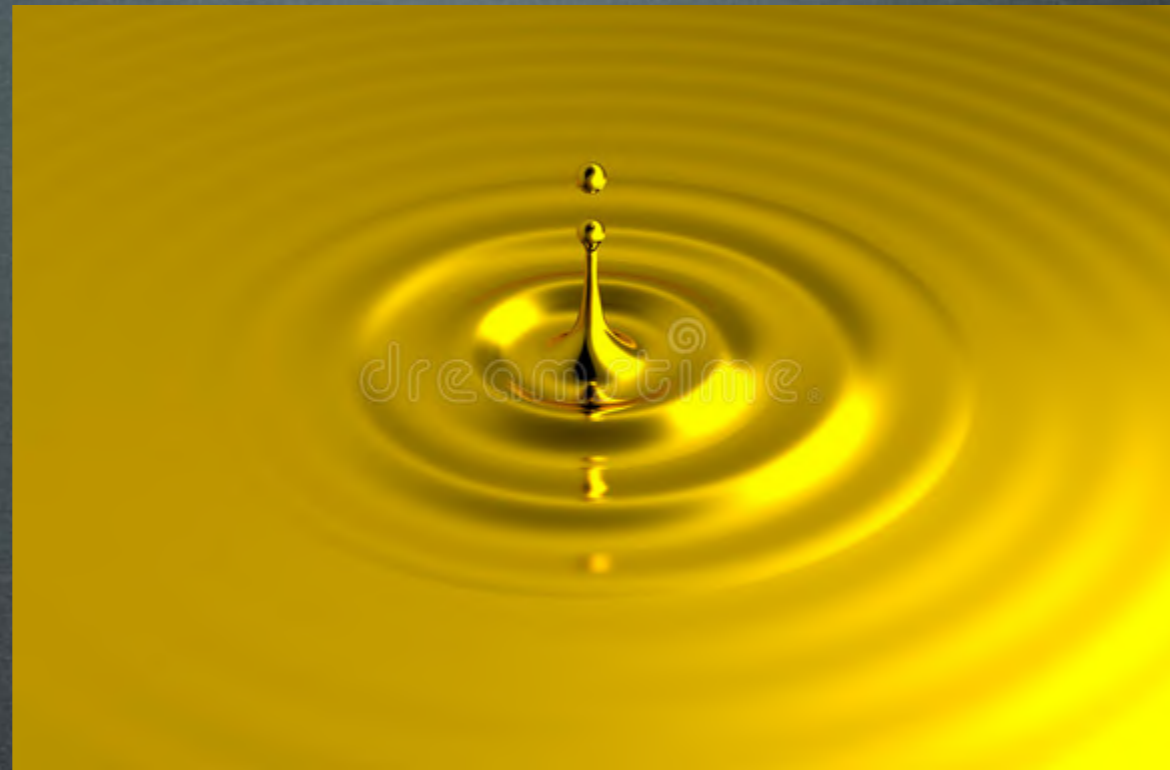
- Mindset and capacity of Prototyping

“Nothing is wasted or a failure. Emergence is a system that makes use of everything in the iterative process. It’s all data.” Adrienne Maree Brown

- My first Prototypes – Make connections, ‘Theory U on Tour’, ‘A Call to Purpose’ Workshop and ‘Emerge Ireland’
- Action Research - generate feedback and evolve your idea

*“Learn to find ease in risk.”
John O’Donohue*

The ripples of *Tuatha*



- Ripple 1: Self
- Ripple 2: Anam Cara Tuatha

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.” Margaret Mead

Ripple 3: Wider Tuatha/Community: Collective Stakeholder voices – emergence from the whole

The future of Tuatha

- A shift from *ego-system awareness* that cares about the wellbeing of oneself to an *eco-system awareness* that cares about the wellbeing of all, including oneself.
- Lean into the future that wants to emerge through us – presencing through collective voices and stakeholders



The Tuatha Today

Build
Collective
Leadership
Communities
of Practice
(in Ireland
and globally)



Key Threads of Learnings

- Clarify your Aisling - your highest vision of the future and then ground it in action
- *Neart* has two pathways: Inner & Outer Both need to be strengthened
- Never forget the I in the We
- Find and build your *Anam Cara*
Tuatha
- Eco-system thinking and eco-system
Tribe for the good of the Tuatha and

Mise Eire...

